



## First Nations Family Addictions Treatment

### Who We Serve

First Nations parents (male or female) that wish to attend addictions treatment accompanied by their children. Reducing the barriers to treatment and assisting in the preservation of the family unit.

### Addictions Programming

The lodge's addictions treatment program is exclusively abstinence based, due to the nature of the facility and the inclusion of children. The program draws on and explores the similarities between the 12 step programs of Alcoholics Anonymous/Narcotics Anonymous and traditional indigenous teachings. The intension is to help those in recovery to achieve balanced living beyond sobriety, in a culturally safe manner. The program is delivered through an indigenous worldview and engages participants to apply traditional teachings to their life within modern society. Intergenerational trauma and the history of indigenous people in Canada are concepts examined. Grief, Loss, & Trauma counselling is provided to those attending the program.

### Personal Development Programming

Each parent will have an individualized programming plan to strengthen their knowledge, skills, and abilities in a safe and supportive environment. We offer a variety of modules adapted to be culturally relevant and align with the teachings of the medicine wheel, the seven grandfather, and traditional culture including:

- Parenting Classes
- Life Skills
- Homemaking
- Health & Wellbeing
- Education & Employment

### About Us

We are a Licensed Residential Addictions Treatment Facility, and our program is accredited with the Canadian Accreditation Council. The lodge is a group living environment on 6.5 acres of rural land located near High Prairie, Alberta. We have the capability of housing 7-10 families giving us a community-based environment.

### Contact Us

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